



SHAPING THE FUTURE

21-DAY
PRAYER

Journey

FOR FATHER OF PRETEENS

Day 1: Pray for your preteen's spiritual growth and relationship with God.

Bible Verse: "Train up a child in the way he should go; even when he is old he will not depart from it." - Proverbs 22:6

Prayer: Heavenly Father, I lift up my preteen's spiritual growth to You. Help him develop a deep and personal relationship with You. Guide me in nurturing his faith and teaching him Your ways. May he grow in wisdom, love, and obedience to Your Word, and may his foundation in You remain unshakable throughout his life. Amen.

Day 2: Pray for your preteen's friendships and peer relationships.

Bible Verse: "Walk with the wise and become wise, for a companion of fools suffers harm." - Proverbs 13:20

Prayer: Lord, I pray for my preteen's friendships and peer relationships. Surround him with wise and godly friends who encourage and inspire him to make wise choices. Protect him from harmful influences and give him discernment to choose friends who will support his growth in You. May his friendships be a source of joy and mutual edification. Amen.

Day 3: Pray for your preteen's emotional well-being and resilience.

Bible Verse: "Cast all your anxiety on him because he cares for you." - 1 Peter 5:7

Prayer: Heavenly Father, I lift my preteen's emotional well-being to You. Help him manage his emotions, navigate challenges, and find comfort in Your presence. Grant him resilience and strength to bounce back from difficulties. Guide me in providing a safe and nurturing environment that promotes emotional health and open communication. Amen.

Day 4: Pray for your preteen's academic success and love for learning.

Bible Verse: "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters." - Colossians 3:23

Prayer: Dear God, I pray for my preteen's academic journey. Instill in him a love for learning and a desire to excel. Help him develop discipline, focus, and perseverance in his studies. Guide his teachers and mentors to inspire and challenge him. May he use his education to glorify You and make a positive impact in the world. Amen.

Day 5: Pray for your preteen's relationship with siblings and family members.

Bible Verse: "Above all, keep loving one another earnestly, since love covers a multitude of sins." - 1 Peter 4:8

Prayer: Gracious God, I pray for my preteen's relationship with his siblings and family members. Teach him the importance of love, forgiveness, and unity within our family. Help him develop strong bonds, support one another, and cherish the gift of family. May our home be a place of love, peace, and encouragement. Amen.

Day 6: Pray for your preteen's self-esteem and confidence.

Bible Verse: "For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well." - Psalm 139:13-14

Prayer: Dear God, I pray that my preteen would have healthy self-esteem and confidence. Help him understand that he is fearfully and wonderfully made by Your design. May he embrace his unique qualities and talents, finding his worth in You. Guide me in affirming and nurturing his self-esteem, reminding him of his inherent value. Amen.

Day 7: Pray for your preteen's understanding of their identity in Christ.

Bible Verse: "But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light." - 1 Peter 2:9

Prayer: Heavenly Father, I pray that my preteen would understand his identity in Christ. Help him grasp that he is chosen, set apart, and dearly loved by You. May he find his worth and purpose in being part of Your royal priesthood. Guide him to proclaim Your excellencies and live as a light in this world. Amen.

Day 8: Pray for your preteen's obedience and respect for authority.

Bible Verse: "Children, obey your parents in everything, for this pleases the Lord." - Colossians 3:20

Prayer: Dear God, I pray that my preteen would develop a heart of obedience and respect for authority. Teach him to honor and obey his parents, teachers, and other authority figures. Help him understand that his obedience is not just for the sake of pleasing others but ultimately for honoring You. Grant him a spirit of humility and submission. Amen.

Day 9: Pray for your preteen's decision-making and wise choices.

Bible Verse: "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths." - Proverbs 3:5-6

Prayer: Heavenly Father, I pray that my preteen would make wise decisions and choices. Teach him to trust in You with all his heart, leaning not on his own understanding. May he seek Your guidance and acknowledge You in all his ways. Grant him the discernment to make choices that align with Your will and bring blessings into his life. Amen.

Day 10: Pray for your preteen's resilience in the face of challenges.

Bible Verse: "I can do all things through him who strengthens me." - Philippians 4:13

Prayer: Dear Lord, I pray for my preteen's resilience in the face of challenges. Help him to rely on Your strength and believe that through You, he can overcome any obstacle. Grant him the courage to persevere, the determination to learn from setbacks, and the faith to grow stronger through difficulties. May he always find his strength in You. Amen.

Day 11: Pray for your preteen's understanding of gratitude and contentment.

Bible Verse: "Give thanks in all circumstances; for this is the will of God in Christ Jesus for you." - 1 Thessalonians 5:18

Prayer: Gracious God, I pray that my preteen would develop a heart of gratitude and contentment. Teach him to give thanks in all circumstances, recognizing Your presence and provision in his life. Guard his heart against envy and discontentment and help him appreciate the blessings he has. May his gratitude reflect a deep understanding of Your faithfulness. Amen.

Day 12: Pray for your preteen's empathy and compassion towards others.

Bible Verse: "Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience." - Colossians 3:12

Prayer: Dear God, I pray that my preteen would develop empathy and compassion towards others. Help him to see people through Your eyes and treat him with kindness, humility, and patience. Fill his heart with love for others, especially those in need. Guide him in acts of compassion that reflect Your heart in this world. Amen.

Day 13: Pray for your preteen's physical health and well-being.

Bible Verse: "Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own." - 1 Corinthians 6:19

Prayer: Heavenly Father, I pray for my preteen's physical health and well-being. Help him to understand that their body is a temple of Your Holy Spirit. Guide him in making healthy choices regarding nutrition, exercise, and rest. Protect him from illness, and harm and strengthen his body as he grows. May he honor You with his physical well-being. Amen.

Day 14: Pray for your preteen's integrity and moral values.

Bible Verse: "The integrity of the upright guides them, but the crookedness of the treacherous destroys them." - Proverbs 11:3

Prayer: Lord, I pray that my preteen would possess integrity and uphold moral values. Guide him to be honest and upright in all his actions, choices, and relationships. Help them to navigate the challenges of this world with wisdom and discernment. May their commitment to integrity be a guiding light in their life. Amen.

Day 15: Pray for your preteen's awareness of their influence on others.

Bible Verse: "Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity." - 1 Timothy 4:12

Prayer: Dear God, I pray that my preteen would be aware of the influence he has on others. Help him to set a positive example in his speech, conduct, love, faith, and purity. Guide him to be a source of encouragement, inspiration, and light to his peers and those around him. May his actions reflect Your love and truth. Amen.

Day 16: Pray for your preteen's understanding of healthy boundaries.

Bible Verse: "The fear of the Lord leads to life, and whoever has it rests satisfied; he will not be visited by harm." - Proverbs 19:23

Prayer: Lord, I pray that my preteen would understand the importance of healthy boundaries. Help him to develop a healthy fear of You, which leads to a life of fulfillment and protection. Guide him to establish boundaries in his relationships, activities, and commitments that honor You and bring him peace. Grant him the wisdom to recognize when to say "no" and when to set limits. Amen.

Day 17: Pray for your preteen's pursuit of godly friendships.

Bible Verse: "Do not be deceived: 'Bad company corrupts good morals.'" - 1 Corinthians 15:33

Prayer: Heavenly Father, I pray for my preteen's pursuit of godly friendships. Guide him to choose friends who will encourage and support their faith. Protect him from negative influences and toxic relationships. Help him to be a positive influence on his friends,

pointing him towards You. May his friendships be rooted in love, respect, and a shared pursuit of You. Amen.

Day 18: Pray for your preteen's resilience in the face of peer pressure.

Bible Verse: "Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." - Romans 12:2

Prayer: Dear Lord, I pray for my preteen's resilience in the face of peer pressure. Help him not to conform to the patterns of this world but to be transformed by the renewing of his mind. Grant him discernment to recognize what is good, acceptable, and in alignment with Your will. Strengthen him to stand firm in his convictions and make choices that honor You. Amen.

Day 19: Pray for your preteen's curiosity and love for learning.

Bible Verse: "For the Lord gives wisdom; from his mouth come knowledge and understanding." - Proverbs 2:6

Prayer: Gracious God, I pray that my preteen would have a curiosity and love for learning. Open his mind to new ideas, knowledge, and understanding. Help him to embrace the joy of discovery and the pursuit.

Day 20: Pray for your preteen's resilience in the face of adversity.

Bible Verse: "Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness." - James 1:2-3

Prayer: Heavenly Father, I pray for my preteen's resilience in the face of adversity. When he encounters trials and challenges, may he find joy in knowing that his faith is being tested and refined. Strengthen his resolve and help him grow in steadfastness. Guide me in providing support, encouragement, and wisdom during difficult times. Amen.

Day 21: Pray for your preteen's understanding of forgiveness and reconciliation.

Bible Verse: "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you." - Colossians 3:13

Prayer: Lord, I pray that my preteen would understand the importance of forgiveness and reconciliation. Teach him to bear with others, to forgive those who have wronged him, and to seek forgiveness when he has hurt others. Help him to model the forgiveness he has received from You and to pursue reconciliation in his relationships. Amen.

May these prayers strengthen your bond with your preteen and bring blessings upon their life. Trust in God's guidance, love, and faithfulness as you journey together in their preteen years.